



HEALTH AND SAFETY

1. Care of Myself



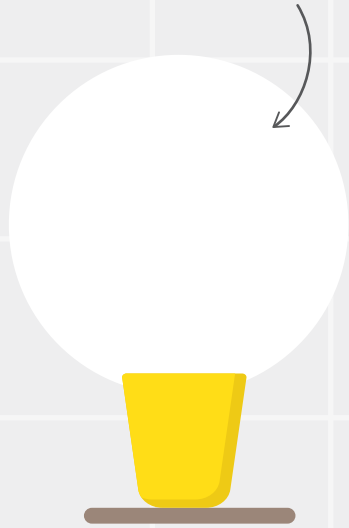
Why do we take care of our body?



Draw your toothbrush



Sketch a hairstyle



Name something you do to stay clean.



What do you do every morning?

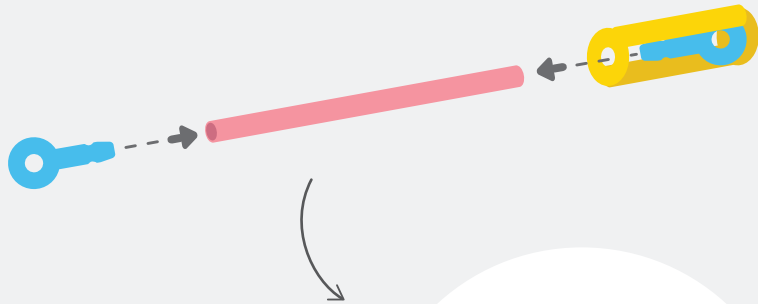
BUILD A TOOTHBRUSH

blue connector x2 yellow connector x2
yellow straw x2 pink straw x1

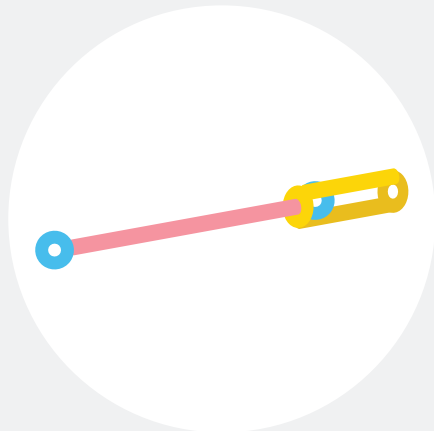
- 1 Count 2 yellow connector and 2 yellow straws



- 2 Count 1 pink straw and 2 blue connector



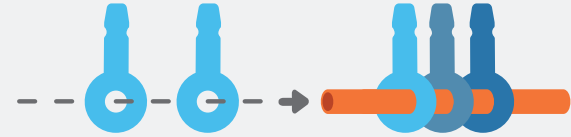
Attach pink straw with blue connector



BUILD A COMB

blue connector x5 green connector x2
yellow straw x5 orange straw x3

- 1 Count 5 blue connector and 1 orange straw



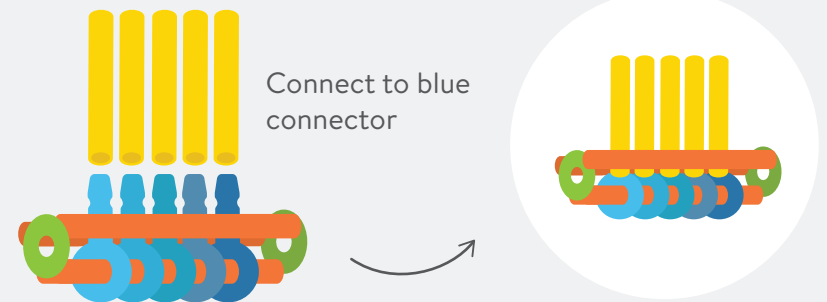
slide the straw in through the 5 blue connectors

- 2 Count 2 green connector and 2 orange straw



connect the green connectors to orange straws so blue connectors can stand

- 3 Count 5 yellow straws




Connect to blue connector


2. Traffic Safety



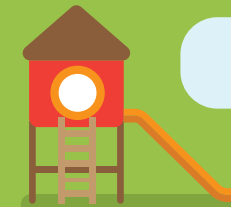
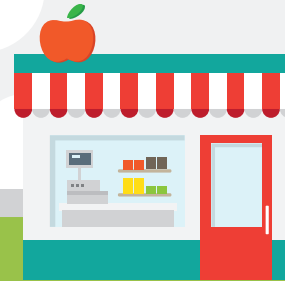
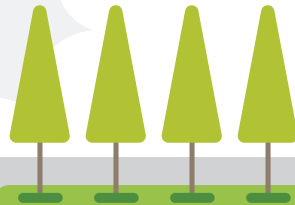
? What does it mean to be safe?


What does each sign mean?

 Draw a line for the bicyclist to go to the grocery store

 Draw a line for the school bus to go to school

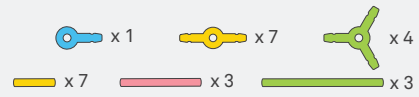
? What do you do to cross the road safely?



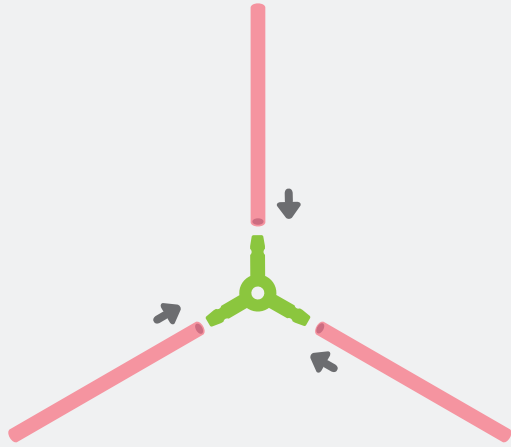
 Draw a line for the dog walker to go to the park



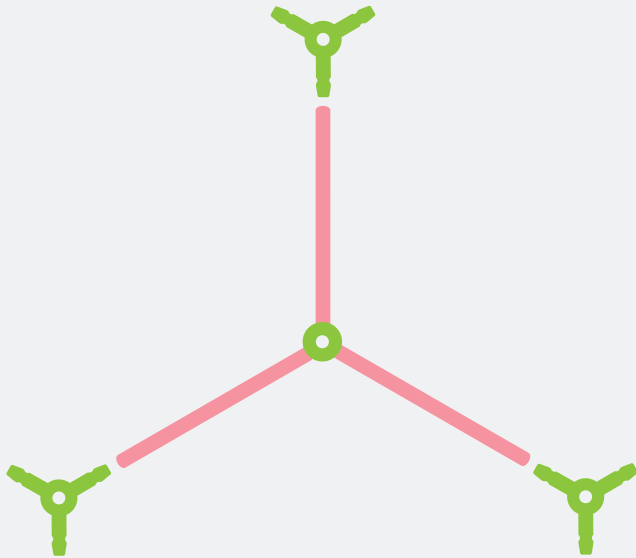
BUILD A SIGN STAND



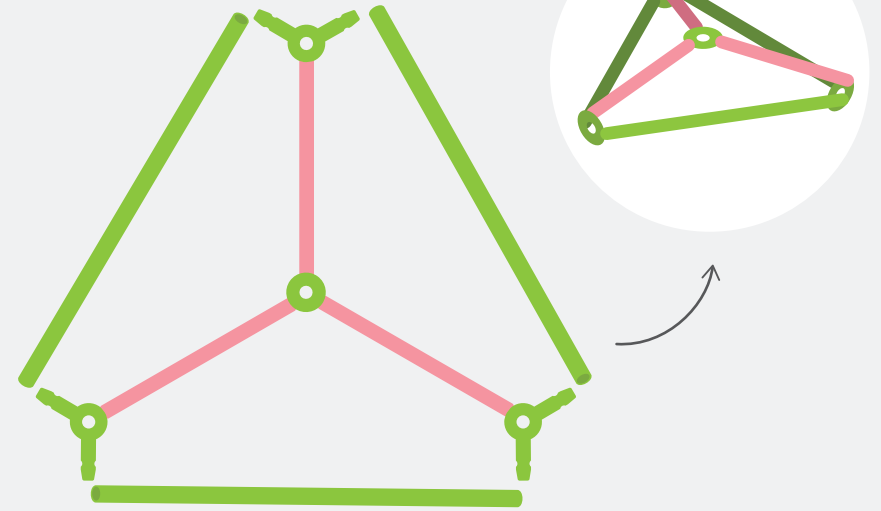
1 Count 1 green connector and 3 pink straws



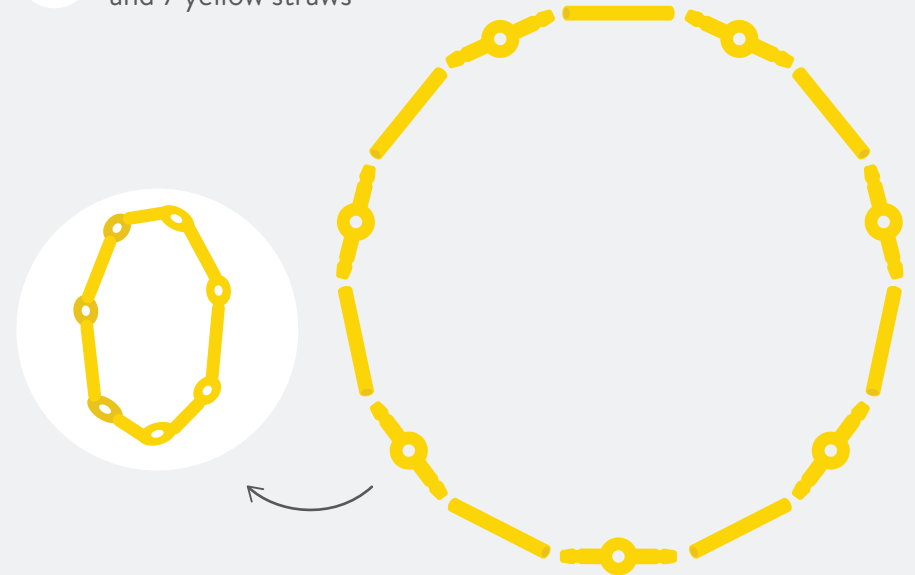
2 Count 3 green connectors



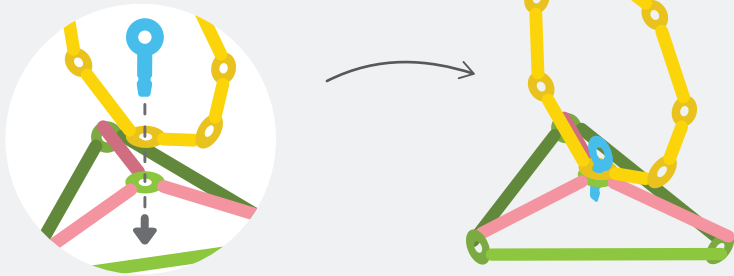
3 Count 3 green straws



4 Count 7 yellow connectors and 7 yellow straws

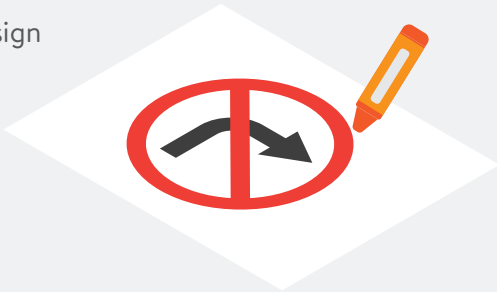


5 Count 1 blue connector

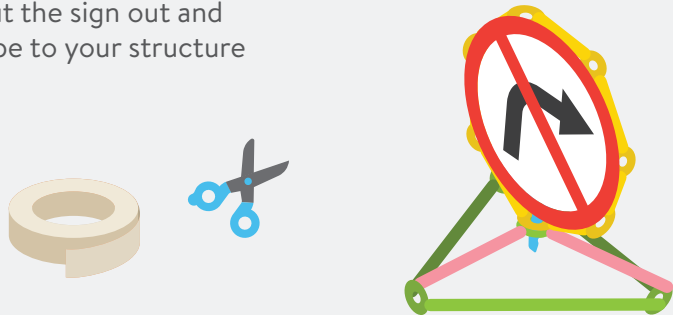


Connect both pieces with blue connector

6 Draw a traffic sign



7 Cut the sign out and tape to your structure



8 Make more traffic signs and play a road safety game with friends!



3. Safety Glasses



What do we protect our eyes from?



Draw a pair of safety glasses



Who uses safety glasses?

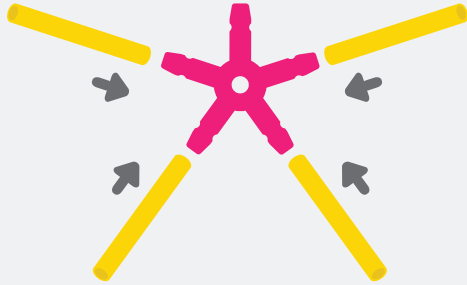


What are goggles?

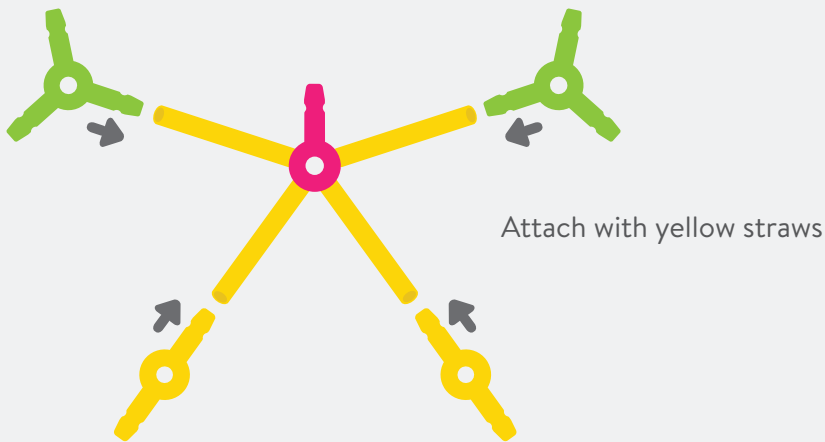
BUILD SAFETY GLASSES



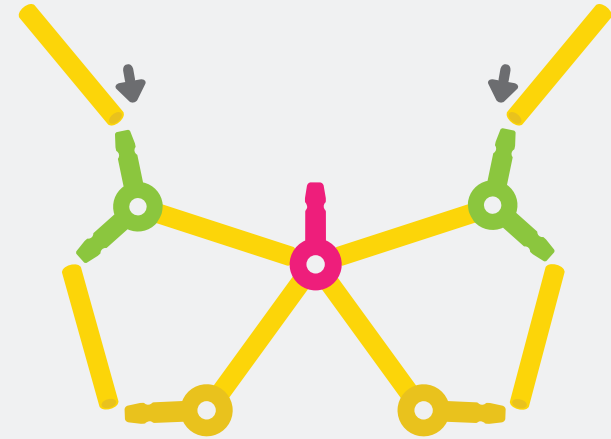
1 Count 1 red connector and 4 yellow straws



2 Count 2 green connector and 2 yellow connector

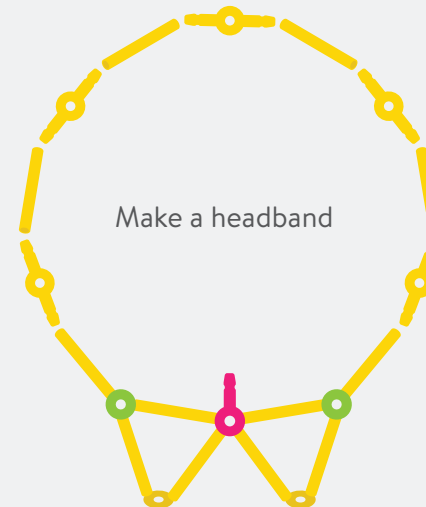


3 Count 4 yellow straws



Attach straws to yellow and green connectors to close glasses

4 Count 5 yellow connectors and 4 yellow straws

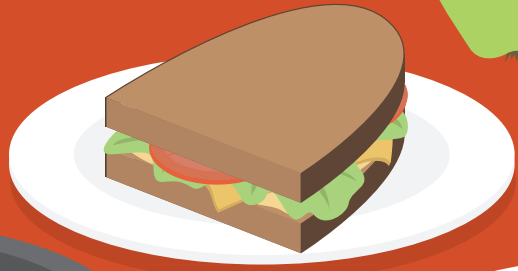


Make a headband

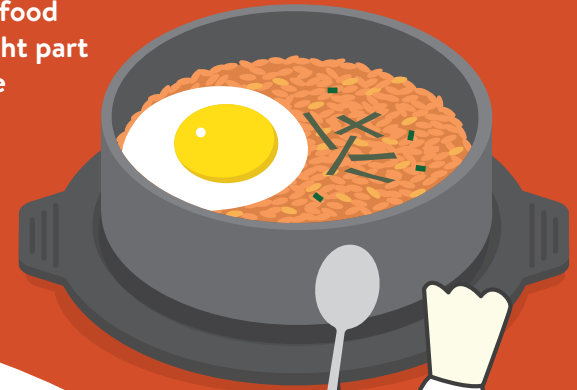
Add or remove yellow straws and connectors until the headband fits!

4. Good Food

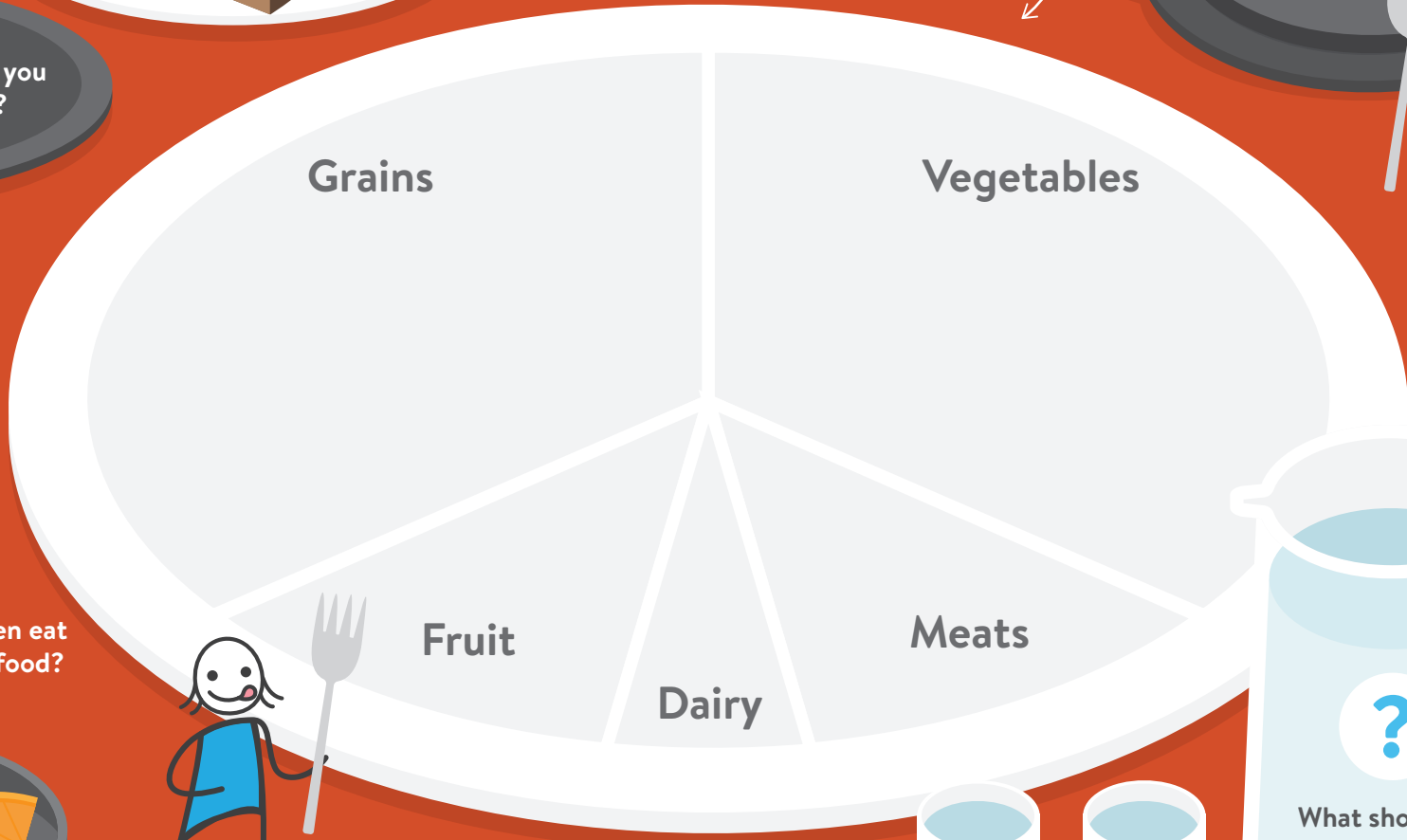
? What does balanced mean?



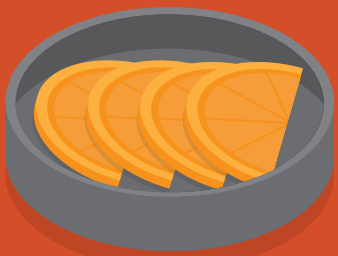
Draw each food into the right part of the plate



? What activities do you do to stay healthy?



? What happens when eat healthy and good food?

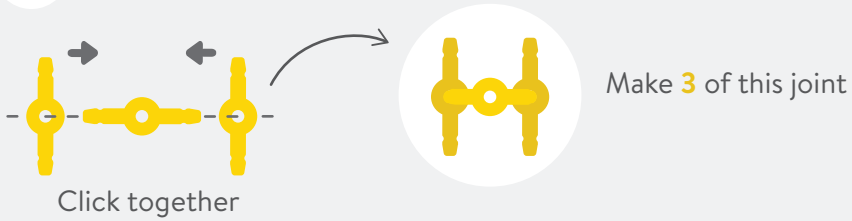


? What should you drink every day?

BUILD A PIECE OF CHEESE

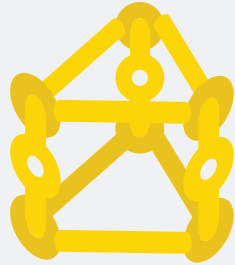
— x6 —○— x9

- 1** Count 9 yellow connectors



- 2** Count 6 yellow straws

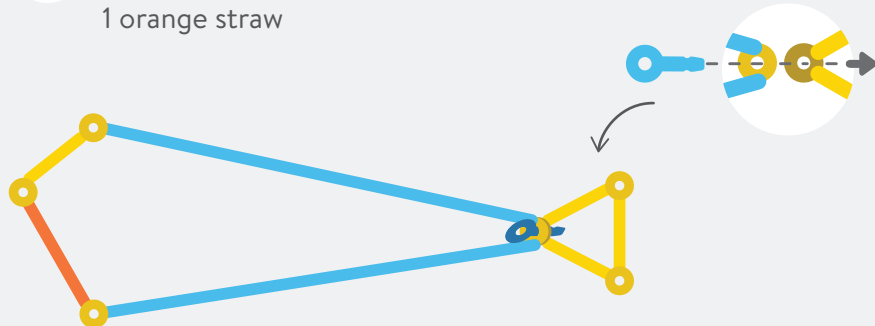
Make triangles attaching to joints



BUILD A FISH

— x4 —○— x1 —○— x7
— x1 — x2

- 1** Count 7 yellow connectors, 4 yellow straws, 2 blue straws and 1 orange straw

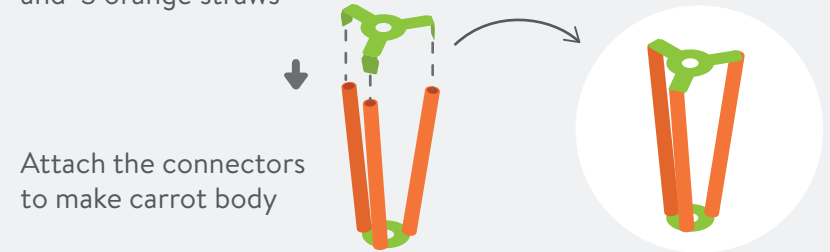


Use a 1 blue connector to attach backfin to body

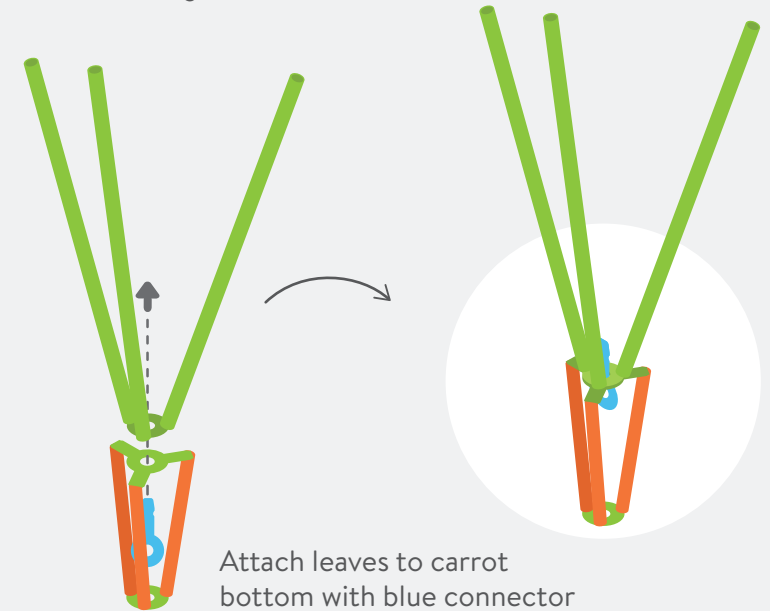
BUILD A CARROT

— x3 —○— x1 —○— x4
— x3

- 1** Count 2 green connectors and 3 orange straws



- 2** Count 1 green connector, 1 blue connector and 3 green straws



- 2** Make more food for a feast with friends!



Practice safety skills when it comes to the road and take care of your growing body to become independent!